



Rules for the PSA Adult Soccer League

1. 8v8 format

- 7 field players and 1 gk on the field
- 14 players max on a team
- Size 5 soccer ball
- 18 yrs. old and above

2. 25 min. half's

- 3 min. half time
- Games will start and end on time
- Warm up off game field to keep matches on time
- Horn will start and end matches

3. FIFA Rules

- **Exceptions**

1. NO SLIDE TACKLES

2. Substitutions on all dead balls for either team.

3. There is no offside rule **BUT** we expect all players to respect the game and not cherry pick

4. Cards will be tracked and monitored

5. Respect the referees and their decisions

6. There are no drop kicks or punts allowed from the Goal Keepers

7. Goal keeper's throws must bounce on their side of the half.

4. Dress Code

- Shin guards must be worn at all times
- Soccer socks pulled up over shin guards
- Teams will be provided game shirts

5. Results

- Standing and scores will be kept on line
- 3pts. = win, 1pt. = tie, 0pts.= Loss (These points will help to determine seeding)